Inhabit With Respect

Share. Contribute something back to the place you inhabit this week: Educate yourself about the histor and stories of the communities and peoples who Re ect. Take a moment to acknow



inhabit. Choose one place and consider the following

- What is my relationship to this place?
- What are the memories I have made here?
- What are the stories about this place and what can I
- What are the histories of this place?
- How do I treat di erent places and spaces?
- · What does this place communicate to me on a creati
- feelings of isolation. One way to connect with others is through sharing
- · How does this place di er from other places I inhabit



Are you interested in building one of the practices into your daily life?